

Welcome to ABARIS • RENO

Information to help you
plan your travels!

Casual clothing for your comfort, with tennis shoes, t-shirt (long sleeve if you are sensitive to materials), and long pants recommended for the week. The workshops involve hands on exercises.

Weather changes are expected, prepare for cold weather, especially in the evenings.

Weather.com

We will provide you with all the necessary shop coats, **safety gear**, safety glasses, etc., required for the workshop.

Flannel Friday (Fall/Winter)
Aloha Friday (Spring/Summer)

Bring your favorite flannel or Hawaiian shirt to wear on Friday!

P.S. We collect company stickers, magnets, etc for display, so if you have one that highlights your company, we will be happy to display it!



TRAINING CENTER

Located at:

**5401 Longley Lane Suite 29
Reno NV 89511**

Ph: +1 (775)827-6568

www.abaris.com

admin@abaris.com

Office Hours:

**Monday - Friday
7:00am - 5:00pm**

Class Hours:

Monday-Thursday: 8:00am – 5:00pm

Friday: 8:00am – 3:00pm

Reno Area Map



Abaris Training
5401 Longley Ln #49
Reno NV 89511
775-827-6568
admin@abaris.com

HOTEL & RENTAL CAR INFORMATION

PLEASE NOTE: If you book a hotel room through a third party, the discounted rates will not be available to you!

Sonesta ES Suites 2.2 miles

9845 Gateway Dr, Reno, NV 89521

Contact: Samantha Sanchez, Director of Sales

Phone: 775-853-8800

Email: samantha.sanchez@sonesta.com

Hotel Information: The Sonesta is like a home away from home, with its warm and inviting rooms and atmosphere. The Sonesta offers complimentary Breakfast, Wi-Fi, Microwave, Refrigerator, Kitchen, Pool, 24 Hour Fitness Center, Outdoor Basketball and Tennis Court, Laundry Facilities, Outdoor Picnic Area with Barbecue grill, Accessible, Non-Smoking Facility.

Click Here to Book Your Reservation: [Sonesta](#)
Corporate Code: ABAR

STAYBRIDGE SUITES 3.2 Miles

10559 Professional Cir, Reno, NV 89521

Contact: James Gerhard

Phone: 775-657-8999

Email: james.gerhard@aimbridge.com

Hotel Information: Staybridge Suites® is an extended stay hotel, offering elevated residential style-studios and suites, complimentary daily breakfast buffet, complimentary light bites & happy hour 3 days a week, and ample amenities to accommodate both short-term and extended-stay guests. We know that being on the road means balancing work with family and friends, so we go out of our way to make your stays enjoyable while keeping you connected to what matters most. Spread out in our Residential-style Studios & Suites Studio, 1-bedroom and 2-bedroom suites Fully equipped kitchens Comfortable living space with large, flat screen TV and sleeper sofa

Aloft Reno-Tahoe International

Airport 3.4 miles

2015 Terminal Way, Reno NV 89502

Contact: Ashley Dougan, Director of Sales

Phone: 775-501-6206

Email: ashley.dougan@marriott.com

Hotel Information: Aloft Hotels, part of Marriott International Inc is designed for the forward thinker of who moves to their own rhythm. Where style meets function and open spaces inspire. 164 Brand new rooms and is located in central Reno directly across from the Reno-Tahoe International airport. Hotel features include a bar, remix lounge, refuel 24 hour grab and go, fitness gym, complimentary shuttle to the airport, self parking and Wi-Fi

Click Here to Book Your Reservation: [Aloft](#)
Corporate Code:

Courtyard by Marriott 2.9 miles

6855 S. Virginia St, Reno NV 89511

Contact: Steve Woods, General Manager

Phone: 775-851-8300

Email: swoods@courtyardreno.com

Hotel Information: The rooms are warm, inviting, and equipped for convenience. In room refrigerator and coffee maker to help you feel at home. Complimentary high speed Internet and an UpLift Fitness Hub with 1,400 square feet for 2 Peloton bikes, TRX and Technogym equipment with 24 hour access for guests to make it feel like a vacation! There is also a full restaurant, 24 hour market and an amazon pickup locker.

Click Here to Book Your Reservation: [Courtyard](#)
Corporate Code: V7S

Hilton Garden Inn 2.9 miles

9920 Double R Blvd, Reno NV 89521

Contact: James Gerhard, Director of Sales

Phone: 775-850-9700

Email: james.gerhard@aimbridge.com

Hotel Information: The rooms are warm and inviting and equipped for convenience. There's a microwave, refrigerator and coffeemaker with complimentary coffee to help you feel at home. A king size bed or two queen beds along with a comfortable ergonomic chair, telephones with data port and voicemail. They have electrical outlets and complimentary high-speed internet. There's also a full restaurant in the hotel.

Click Here to Book Your Reservation: [Hilton Garden Inn](#)
Corporate Code: 2693259

HOTEL & RENTAL CAR INFORMATION

Vacation Rental Home Barefoot Inn 9.2 Miles (Close to downtown Reno)

Phone: (775) 225-2739

Email: barefootinnreno@outlook.com

3 Bed/2.5 Bath

Reservation Information: Mention "AbarisTraining" for discounted weekly rates!

Reno is ready for you! This unique and fun home provides all the amenities for the perfect place that is sure to leave you feeling like returning for longer stays! This spacious, modern home has 3 bedrooms upstairs with a deck off the master bedroom overlooking the serene backyard and pool.

This home provides a great atmosphere for staying at home and cooking in our clean and fully functional kitchen that includes a coffee maker, microwave and toaster oven; and has the convenience of having two and a half bathrooms. We have plenty of inside activities, from games to yoga, in the pool room.

Don't want to stay home? No worries, we will have plenty of suggestions for things to do around town with all the current events and festivities happening right here in Reno and surrounding Lake Tahoe and Sierras!

Peppermill Resort Casino 3.9 miles

1707 S Virginia Street, Reno, NV 89502

Contact: Eva Werschky, Private Line Manager

*To make your reservation, please contact Eva by phone or email and mention AbarisTraining.

Phone: 775-689-7291

Email: ewerschky@peppermillreno.com

Hotel Information: Connecting hotel rooms are available, ADA Accessible, Writing desk, Iron/Board, Video checkout, 24-hour room service, In-room safe, Refrigerator, Keurig Coffee Machines with choice of regular and decaf coffee, Entertainment-42" wall mounted LCD high-def television, Alarm clock with USB ports and power outlet. They also have Spa & Salon Toscana featuring 24 treatment rooms, Northern Nevada's only Caldarium with indoor pool, sun deck and full-service salon.

Atlantis Casino Resort Spa 2.5 miles

1707 S Virginia Street, Reno, NV 89502

Contact: Christine Openshaw, Business Development Manager

Phone: 775-335-4515

Email: Copenshaw@atlantiscasino.com

Hotel Information: Connecting hotel rooms are available, ADA Accessible, Writing desk, Iron/Board, Video checkout, 24-hour room service, In-room safe, Refrigerator, Keurig Coffee Machines with choice of regular and decaf coffee, Entertainment-42" wall mounted LCD high-def television, Alarm clock with USB ports and power outlet. They also have Spa & Salon Toscana featuring 24 treatment rooms, Northern Nevada's only Caldarium with indoor pool, sun deck and full-service salon.

Click to Book Your Reservation: [Atlantis](#)

Corporate Code: ABAR

Whitney Peak Hotel, Tapestry Collection by Hilton 7.9 miles

255 North Virginia Street, Reno, NV, 89501

Contact: Debey Grimes, **Phone:** (775) 398-5480

Email: dgrimes@whitneypeakhotel.com

Hotel Information: The Whitney Peak Hotel offers a Pet Friendly hotel with Connecting Rooms, Non-Smoking rooms available on request. Onsite dining and fitness center with one of the worlds largest climbing walls according to Guinness Book of World Records.

Click Here to Book Your Reservation: [Whitney Peak](#)

Booking Instructions:

Click the "Special Rates" button

In "Corporate Account" section, enter **2693259** and "Done." Go to "Rooms and Rates" to choose your room.

Grand Sierra Resort Casino

2500 E Second Street, Reno, NV 89595

Contact: Olivia Gil-Guevara

Phone: (800) 501-2651

Email: BusinessTravel@GrandSierraResort.com

Hotel Information: The Grand Sierra Resort Casino offers as complimentary airport shuttle, High Speed Wi-Fi, Fitness Center, and Year-Round Pool, Mobile Check-In Available, Non-Smoking Rooms available, Room Service, Laundry, and Dry-Cleaning Facilities. They also offer an array of Restaurants and Entertainment areas such as; Movie Theater's, Golf, a Grand Theatre for live performances, Arcade, VR and other Immersive Gaming Facilities.

RENTAL CARS



Enterprise / National:

+1 (800) 736-8222

+1 (775) 329-3773

Contract ID: XZ54299

Don't forget to mention you are training at Abaris to receive the corporate rate. We have Corporate Rates at most area hotels.



Accommodations

All accommodations we recommend have a corporate relationship with Abaris Training. We have a contact at each establishment. Each hotel listed provide a corporate code, please be sure to mention the corporate code at the time of booking.

Larger groups should contact the hotel directly for even bigger savings.

Classroom & Workshop Attire

You will be provided will all the necessary safety gear: shop coats, safety glasses, etc. required for each exercise. Casual clothing is recommended such as closed - toe shoes, sport shirt (long sleeve if you are sensitive to materials such as carbon fiber), and long pants for the week.

These workshops involve hands on exercises, so dress comfortably. We also have Abaris t-shirts, short sleeve and long sleeve and aprons available for purchase.

The weather can change rapidly , be prepared for extreme lows and highs during each season. You may check the weather [HERE](#) for the 5 day forecast.

Bring your favorite Hawaiian shirt or flannel, depending on the season to wear on Friday to celebrate graduation.

Meals

Meals are not included in the tuition. **Monday through Thursday** you will have a one hour lunch break. We will provide an area map with restaurants we recommend within proximity to Abaris.

We provide coffee, tea, and water with an assortment of small breakfast snacks in the morning. You will have a one hour lunch break to go to a local restaurant, or we have a refrigerator if you wish to bring your own lunch or snacks.

